

# PE / SEL Syllabus

This year PE class will be split into 2 different topics or parts. Classes will be split between the two topics rotating weekly. You can find what we will be doing daily on the class calendar link on the bitmoji welcome classroom!!

## - Part #1 Active PE

Expectations:

- Dressed for physical activity (Sneakers and clothes appropriate for physical activity)
- Actively participate fully and to the best of your ability in each activity
- Keeping your screen turned on
- Using Zoom and other platforms appropriately

## - Part #2 SEL Activities

Expectations:

- Fully participate in all activities and discussions
- Use appropriate behavior and follow school zoom rules and regulations (only appropriate questions should be put into the chat please do not use it to make off topic comments)
- Hand in projects and assignments

## Grading

### **Citizenship**

**25%**

(Acting appropriate on zoom, Keeping yourself muted when not being asked to speak, Respecting your teacher and classmates, keeping your face in the zoom screen, Using the chat appropriately, Doing your own work, working on what your supposed to be working on in a breakout room)

### **Participation**

**50%**

(Participate in physical activities to the best of your ability, being prepared for class with appropriate clothing and sneakers, Positively contributing in class discussions and activities)

### **Class Work / HW**

**25%**

(Handing in completed classwork and homework)